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| **10000m Championships** | | | |
| **Timaru, 5 January 2013** | | | |
| **Senior Men** | | | |
| 1 | Caden Shields | Otago | 31:32.85 |
| 2 | Tim Hodge | Wellington Scottish | 31:45.15 |
| 3 | Peter Meffan | Caversham | 31:49.13 |
| **Senior Women** | | | |
| 1 | Kellie Palmer | Timaru | 38:23.20 |
| 2 | Michelle Hopkins | North Harbour Bays | 38:27.26 |
| 3 | Kaitlyn Lloyd | Auckland | 43:52.26 |
| **Men under 20** | | | |
| 1 | Jonah Smith | Caversham | 36:54.21 |
| 2 | Michael Sutton | Tauranga | 39:54.49 |

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| **Men & Women 3000m Championships** | | | |
| **Wellington, 25 January 2013** | | | |
| **Men** | | | |
| 1 | Nick Willis | Lower Hutt | 7:57.63 |
| 2 | Malcolm Hicks | Wesley | 7:58.58 |
| 3 | Hugo Beamish | Athletics NZ | 7:59.05 |
| **Women** | | | |
| 1 | Camille Buscomb | Hamilton City Hawks | 9:17.05 |
| 2 | Rosa Flanagan | University of Canterbury | 9:21.26 |
| 3 | Sarah Drought | Wellington Harriers | 9:24.77 |

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| **Men under 20 & Women under 20 3000m Championships** | | | |
| **Nelson, 16 February 2013** | | | |
| **Men under 20** | | | |
| 1 | Jacob Priddey | Hamilton Hawks | 8:34.28 |
| 2 | Mike Lowe | Nelson | 8:34.55 |
| 3 | Jeff Lautenslager | Nelson | 8:41.52 |
| **Women under 20** | | | |
| 1 | Audrey Gregan | Auckland City Athletics | 9:49.05 |
| 2 | Jessica Martin | Nelson | 10:03.89 |
| 3 | Olivia Ritchie | Hamilton Hawks | 10:12.65 |

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| **Combined Event Championships** | | | | |
| **Waitakere, 16-17 February 2013** | | | | |
| **Senior Men Decathlon** | | | | |
| 1 | Scott McLaren | North Harbour Bays | 7750pts | |
| 2 | Nicholas Gerrard | North Harbour Bays | 7033pts | |
| 3 | Kent Centers | Hill City | 5559pts | |
| **Senior Women Heptathlon** | | | | |
| 1 | Portia Bing | North Harbour Bays | 5774pts | |
| **Men under 20 Decathlon** | | | | |
| 1 | Pascal Kethers | North Harbour Bays | 6678pts | |
| 2 | Jack Henry | Christchurch Old Boys | 6615pts | |
| 3 | Richard Callister | North Harbour Bays | 5183pts | |
| **Women under 20 Heptathlon** | | | | |
| 1 | Paige Harwood | Pakuranga | | 4580pts |
| 2 | Stephanie Dickins | Palmerston North | | 4099pts |
| 3 | Natalie Booth | Waitakere City | | 3658pts |
| **Men under 18 Octathlon** | | | | |
| 1 | Quin Hartley | Palmerston North | | 5112pts |
| 2 | Aaron Booth | Waitakere City | | 5044pts |
| 3 | Callum Taylor | Tauranga | | 4683pts |
| **Women under 18 Heptathlon** | | | | |
| 1 | Amy Robinson | Tauranga | | 4546pts |
| 2 | Hannah Brough | Pukekohe | | 3912pts |
| 3 | Natasha Eady | Waitakere City | | 3792pts |

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| **Half Marathon Championships** | | | |
| **Wellington, 17 February 2013** | | | |
| **Senior Men** | | | | |
| 1 | Hamish Carson | Wellington Scottish | 1:08:52 | |
| 2 | Dougal Thorburn | Ariki | 1:09:17 | |
| 3 | Stephen Lett | Takapuna | 1:10:12 | |
| **Senior Women** | | | | |
| 1 | Alexandra Williams | University of Canterbury | 1:18:17 | |
| 2 | Gabrielle O’Rourke | Wellington Harriers | 1:19:45 | |
| 3 | Victoria Jackson | Wellington Scottish | 1:22:53 | |
| **M35** | | | | |
| 1 | Ian Graham | Wellington Scottish | 1:21:39 | |
| 2 | Paul Barwick | Wellington Scottish | 1:22:58 | |
| 3 | Matyas James | Wellington Scottish | 1:25:02 | |
| **M40** | | | | |
| 1 | Vaile Mexted | Wellington Scottish | 1:17:25 | |
| 2 | Hamish Maxwell | Hawera | 1:19:28 | |
| 3 | Butch Borlase | Olympic (Wellington) | 1:20:05 | |
| **M45** | | | | |
| 1 | Grant McLean | Wellington Scottish | 1:15:57 | |
| 2 | Tony Broadhead | Lake City | 1:19:40 | |
| 3 | Michael Wray | Wellington Scottish | 1:20:51 | |
| **M50** | | | | |
| 1 | Liam Healey | Wellington Harriers | 1:25:45 | |
| 2 | Alex McKenzie | Trentham | 1:34:49 | |
| **M55** | | | | |
| 1 | Tony Price | Masterton | 1:25:13 | |
| 2 | Malcolm Chamberlin | Auckland City | 1:33:59 | |
| 3 | Chris Hansen | Wellington Harriers | 1:39:26 | |
| **M60** | | | | |
| 1 | Gavin Smith | Tauranga | 1:33:34 | |
| 2 | Howard Harman | Wellington Scottish | 1:48:01 | |
| 3 | Dennis Smith | Wellington Harriers | 2:02:11 | |
| **M65** | | | | |
| 1 | Brian Hayes | Wellington Harriers | 1:33:42 | |
| 2 | Michael Bond | University of Canterbury | 1:35:54 | |
| 3 | Ken Ritchie | Olympic (Wellington) | 1:48:18 | |
| **M70** | | | | |
| 1 | George Preddey | Wellington Marathon Clinic | 1:59:42 | |
| 2 | Dave Eastmond | Whangarei Harbour Athletics | 2:09:20 | |
| 3 | John Hammond | Kapiti | 2:13:36 | |
| **M80** | | | | |
| 1 | Michael Browne | Wellington Scottish | 3:03:42 | |
| **W35** | | | | |
| 1 | Jackie Mexted | Wellington Scottish | 1:22:10 | |
| 2 | Angela Leck | Wellington Scottish | 1:23:52 | |
| 3 | Mandy Simpson | Wellington Scottish | 1:35:32 | |
| **W40** | | | | |
| 1 | Marie Pugh | Olympic (Wellington) | 1:48:28 | |
| **W45** | | | | |
| 1 | Deb Finn | Kapiti | 1:29:22 | |
| **W50** | | | | |
| 1 | Betty Harp | Wellington Scottish | 1:35:14 | |
| **W55** | | | | |
| 1 | Loretta de Sourdy | Wellington Scottish | 2:04:53 | |
| **W60** | | | | |
| 1 | Barbara Tucker | Wellington Scottish | 2:38:10 | |

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| **NZ Track and Field Championships** | | | | | |
| **Auckland, 22-24 March 2013** | | | | | |
| **Senior Men 100m Wind 0.9** | | | | | |
| 1 | Joseph Millar | Waikato-Bay of Plenty | | 10.32 | |
| 2 | Isaac Junior Tatoa | Auckland | | 10.54 | |
| 3 | Andy Kruy | Manawatu-Wanganui | | 10.79 | |
| **Senior Men 200m Wind -4.1** | | | | | |
| 1 | Joseph Millar | Waikato-Bay of Plenty | | 21.38 | |
| 2 | Andrew Whyte | Otago | | 22.15 | |
| 3 | Isaac Junior Tatoa | Auckland | | 22.30 | |
| **Senior Men 400m** | | | | | |
| 1 | Andrew Whyte | Otago | | 46.52 | |
| 2 | Cameron French | Waikato-Bay of Plenty | | 47.23 | |
| 3 | Daniel O’Shea | Otago | | 47.48 | |
| **Senior Men 800m** | | | | | |
| 1 | Brad Mathas | Manawatu-Wanganui | | 1:50.71 | |
| 2 | Brent Henley | Auckland | | 1:51.18 | |
| 3 | Adrian Kela | New Caledonia (Visitor) | | 1:51.25 | |
| 4 | Sam Petty | University of Canterbury | | 1:51.26 | |
| **Senior Men 1500m** | | | | | |
| 1 | Hamish Carson | Wellington | | 3:46.26 | |
| 2 | Hayden McLaren | Canterbury | | 3:46.75 | |
| 3 | Malcolm Hicks | Auckland | | 3:47.04 | |
| **Senior Men 5000m** | | | | | |
| 1 | Hugo Beamish | Athletics NZ | | 14:01.09 | |
| 2 | Malcolm Hicks | Auckland | | 14:04.16 | |
| 3 | Aaron Pulford | Waikato-Bay of Plenty | | 14:13.48 | |
| **Senior Men 3000m Steeplechase** | | | | | |
| 1 | Daniel Balchin | Canterbury | | 9:37.17 | |
| 2 | Nathan Baxter | Otago | | 10:00.11 | |
| **Senior Men 110m Hurdles Wind 0.3** | | | | | |
| 1 | Michael Cochrane | Waikato-Bay of Plenty | | 14.27 | |
| 2 | Scott McLaren | Auckland | | 15.26 | |
| 3 | Stephen Isaac | Otago | | 15.66 | |
| **Senior Men 400m Hurdles** | | | | | |
| 1 | Daniel O’Shea | Otago | | 50.64 | |
| 2 | Michael Cochrane | Waikato-Bay of Plenty | | 50.74 | |
| 3 | Cameron French | Waikato-Bay of Plenty | | 50.87 | |
| **Senior Men 3000m Track Walk** | | | | | |
| 1 | Mike Parker | Auckland | | 13:28.64 | |
| 2 | Graeme Jones | Hawkes Bay-Gisborne | | 13:38.71 | |
| 3 | Mike Morresey | Taranaki | | 13:45.01 | |
| **Senior Men 20km Road Walk** | | | | | |
| 1 | Graeme Jones | Hawkes Bay Gisborne | | 1:44:35 | |
| 2 | Miguel Blanco Rodrigues | Portugal (Visitor) | | 1:46:37 | |
| 3 | Mike Parker | Auckland | | 1:47:00 | |
| 4 | Mike Morresey | Taranaki | | 1:52:15 | |
| **Senior Men 4 x 100m Relay** | | | | | |
| 1 | Cameron French  Phil Simms  Kodi Harman  Joseph Millar | Waikato-Bay of Plenty | | 41.08 | |
| 2 | Zac Topping  Andy Kruy  Scott Burch  William Smart | Manawatu-Wanganui | | 41.71 | |
| 3 | Blair Grant  Daniel O’Shea  Robert Jopp  Andrew Whyte | Otago | | 42.12 | |
| **Senior Men 4 x 400m Relay** | | | | | |
| 1 | Stephen Isaac  Benjamin Anderson  Daniel O’Shea  Andrew Whyte | Otago | | 3:15.43 | |
| 2 | Peter Callagher  Tama Toki  Liam Mitchell  Scott McLaren | Auckland | | 3:16.78 | |
| 3 | Adam Purcell  Phil Simms  Cameron French  Michael Cochrane | Waikato-Bay of Plenty | | 3:21.27 | |
| **Senior Men High Jump** | | | | | |
| 1 | William Crayford | Auckland | | 2.09 | |
| 2 | Regan Standing | Waikato-Bay of Plenty | | 2.09 | |
| 3 | Matt Nicholls | Auckland | | 2.05 | |
| **Senior Men Pole Vault** | | | | | |
| 1 | Nicholas Southgate | Auckland | | 4.85 | |
| 2 | Pascal Kethers | Auckland | | 4.70 | |
| 3 | Stephen Buckley | Auckland | | 4.20 | |
| **Senior Men Long Jump** | | | | | |
| 1 | Matthew Wyatt | Auckland | | 7.53 (1.0) | |
| 2 | Nicholas Gerrard | Auckland | | 7.44 (0.1) | |
| 3 | Andy Kruy | Manawatu-Wanganui | | 7.08 (0.0) | |
| **Senior Men Triple Jump** | | | | | |
| 1 | Phillip Wyatt | Auckland | | 15.06 (0.7) | |
| 2 | Scott Thompson | Wellington | | 14.84 (1.4) | |
| 3 | Todd Swanson | Southland | | 14.76 (3.1) | |
| **Senior Men Shot Put** | | | | | |
| 1 | Tom Walsh | Canterbury | | 19.42 | |
| 2 | Shaka Sola | Samoa (Visitor) | | 15.26 | |
| 3 | Jerram Huston | Otago | | 15.19 | |
| 4 | Luke Mangan | Ireland (Visitor) | | 14.58 | |
| 5 | Matt Dallow | Auckland | | 13.87 | |
| **Senior Men Discus Throw** | | | | | |
| 1 | Tom Walsh | Canterbury | | 50.27 | |
| 2 | Hayden Hall | Canterbury | | 49.53 | |
| 3 | Marshall Hall | Otago | | 47.75 | |
| **Senior Men Hammer Throw** | | | | | |
| 1 | Philip Jensen | Wellington | | 60.73 | |
| 2 | Ryan Tinkle | Wellington | | 59.80 | |
| 3 | Erwin Cassier | New Caledonia (Visitor) | | 55.98 | |
| 4 | Matthew Bloxham | Auckland | | 55.77 | |
| **Senior Men Javelin Throw** | | | | | |
| 1 | Stuart Farquhar | Waikato-Bay of Plenty | | 80.17 | |
| 2 | Ben Langton-Burnell | Manawatu-Wanganui | | 71.72 | |
| 3 | William Check | Manawatu-Wanganui | | 47.41 | |
|  | | | | | |
| **Senior Women 100m Wind 0.1** | | | | | |
| 1 | Mariah Ririnui | Waikato-Bay of Plenty | | 11.84 | |
| 2 | Kelsey Berryman | Canterbury | | 11.92 | |
| 3 | Rochelle Coster | Auckland | | 11.99 | |
| **Senior Women 200m Wind -3.3** | | | | | |
| 1 | Portia Bing | Auckland | | 24.59 | |
| 2 | Fiona Morrison | Canterbury | | 24.86 | |
| 3 | Anita Punt | Auckland | | 24.90 | |
| **Senior Women 400m** | | | | | |
| 1 | Kristie Baillie | Waikato-Bay of Plenty | | 54.40 | |
| 2 | Louise Jones | Auckland | | 55.31 | |
| 3 | Zoe Ballantyne | Auckland | | 56.18 | |
| **Senior Women 800m** | | | | | |
| 1 | Angie Smit | Canterbury | | 2:06.97 | |
| 2 | Katie Wright | Auckland | | 2:09.97 | |
| 3 | Ni’ia Hothersall | Athletics NZ | | 2:11.20 | |
| **Senior Women 1500m** | | | | | |
| 1 | Lucy van Dalen | Manawatu-Wanganui | | 4:16.80 | |
| 2 | Camille Buscomb | Waikato-Bay of Plenty | | 4:20.92 | |
| 3 | Angie Smit | Canterbury | | 4:22.26 | |
| **Senior Women 5000m** | | | | | |
| 1 | Becky Wade | United States (Visitor) | | 16:25.66 | |
| 2 | Rachel Kingsford | Otago | | 16:34.37 | |
| 3 | Danielle Ingram-Trevis | Auckland | | 16:59.66 | |
| 4 | Sarah McSweeney | Athletics NZ | | 17:18.08 | |
| **Senior Women 3000m Steeplechase** | | | | | |
| 1 | Sarah McSweeney | Athletics NZ | | 10:33.44 | |
| 2 | Hannah Newbould | Canterbury | | 11:11.69 | |
| 3 | Florence Reynolds | Auckland | | 11:28.37 | |
| **Senior Women 100m Hurdles Wind -0.4** | | | | | |
| 1 | Fiona Morrison | Canterbury | | 13.64 | |
| 2 | Portia Bing | Auckland | | 13.93 | |
| 3 | Kelsey Berryman | Canterbury | | 14.29 | |
| **Senior Women 400m Hurdles** | | | | | |
| 1 | Zoe Ballantyne | Auckland | | 62.10 | |
| 2 | Tracey Hale | Waikato-Bay of Plenty | | 66.89 | |
| **Senior Women 3000m Track Walk** | | | | | |
| 1 | Roseanne Robinson | Otago | | 14:09.92 | |
| 2 | Kate Newitt | Canterbury | | 14:29.66 | |
| 3 | Lesley Cantwell | Southland | | 14:35.40 | |
| **Senior Women 20km Road Walk** | | | | | |
| 1 | Roseanne Robinson | Otago | | 1:47:42 | |
| 2 | Lesley Cantwell | Southland | | 1:51:26 | |
| 3 | Kate Newitt | Canterbury | | 1:56:42 | |
| **Senior Women 4 x 100m Relay** | | | | | |
| 1 | Rochelle Coster  Portia Bing  Zoe Ballantyne  Anita Punt | Auckland | | 46.70 | |
| 2 | Tracey Hale  Veronika Lang  Mariah Ririnui  Monique WiIliams | Waikato-Bay of Plenty | | 47.45 | |
| 3 | Kelsey Berryman  Fiona Morrison Mackenzie Keenan  Rosy Hogben | Canterbury | | 47.98 | |
| **Senior Women 4 x 400m Relay** | | | | | |
| 1 | Zoe Ballantyne  Portia Bing  Anita Punt  Louise Jones | Auckland | | 3:47.12 | |
| 2 | Tracey Hale  Ellie McCleery  Veronika Lang  Monique Williams | Waikato-Bay of Plenty | | 3:52.90 | |
| 3 | Diana Solis  Briar Lourie  Vanessa Story  Stephanie Dickins | Manawatu-Wanganui | | 4:07.83 | |
| **Senior Women High Jump** | | | | | |
| 1 | Elizabeth Lamb | Auckland | | 1.82 | |
| 2 | Sarah Cowley | Auckland | | 1.74 | |
| 3 | Portia Bing | Auckland | | 1.74 | |
| **Senior Women Pole Vault** | | | | | |
| 1 | Valerie Chan | Wellington | | 3.43 | |
| 2 | Jessica Boyd | Canterbury | | 2.88 | |
| **Senior Women Long Jump** | | | | | |
| 1 | Mariah Ririnui | Waikato-Bay of Plenty | | 6.01 (1.7) | |
| 2 | Portia Bing | Auckland | | 5.94 (1.1) | |
| 3 | Fiona Morrison | Canterbury | | 5.87 (4.2) | |
| **Senior Women Triple Jump** | | | | | |
| 1 | Nneka Okpala | Auckland | | 12.06 (0.1) | |
| 2 | Greer Alsop | Southland | | 11.98 (1.2) | |
| 3 | Jennifer Scott | Auckland | | 11.92 (1.8) | |
| **Senior Women Shot Put** | | | | | |
| 1 | Val Adams | Auckland | | 20.37 | |
| 2 | Te Rina Keenan | Auckland | | 15.42 | |
| 3 | Ofa Hakeai | Auckland | | 12.26 | |
| **Senior Women Discus Throw** | | | | | |
| 1 | Siositina Hakeai | Auckland | | 57.52 | |
| 2 | Te Rina Keenan | Auckland | | 55.52 | |
| 3 | Leesa Lealaisalanoa | Wellington | | 48.18 | |
| **Senior Women Hammer Throw** | | | | | |
| 1 | Nicole Bradley | Auckland | | 56.81 | |
| 2 | Millie McNie | Auckland | | 52.90 | |
| 3 | Danielle Botha | Waikato-Bay of Plenty | | 48.25 | |
| **Senior Women Javelin Throw** | | | | | |
| 1 | Madeleine Chapman | Auckland | | 47.63 | |
| 2 | Tori Peeters | Southland | | 45.39 | |
| 3 | Laura Overton | Southland | | 42.41 | |
|  | | | | | |
| **Men under 20 100m Wind 1.8** | | | | | |
| 1 | Kodi Harman | Waikato-Bay of Plenty | | 10.42 | |
| 2 | Peauope Suli | Auckland | | 11.02 | |
| 3 | David Elliott | Canterbury | | 11.02 | |
| **Men under 20 200m Wind -3.5** | | | | | |
| 1 | William Smart | Manawatu-Wanganui | | 22.54 | |
| 2 | Olly Ranby | Waikato-Bay of Plenty | | 22.80 | |
| 3 | David Elliott | Canterbury | | 23.01 | |
| **Men under 20 400m** | | | | | |
| 1 | Robert Jopp | Otago | | 48.50 | |
| 2 | William Smart | Manawatu-Wanganui | | 48.65 | |
| 3 | Jonty Rae | Waikato-Bay of Plenty | | 48.75 | |
| **Men under 20 800m** | | | | | |
| 1 | Thomas Monnery | Auckland | | 1:55.29 | |
| 2 | Kieron McDonald | Wellington | | 1:55.37 | |
| 3 | Scott Hilliar | Waikato-Bay of Plenty | | 1:55.86 | |
| **Men under 20 1500m** | | | | | |
| 1 | Ben Moynihan | Auckland | | 3:54.68 | |
| 2 | Kieron McDonald | Wellington | | 3:57.69 | |
| 3 | Scott Hilliar | Waikato-Bay of Plenty | | 3:58.67 | |
| **Men under 20 5000m** | | | | | |
| 1 | Samuel Bremer | Otago | | 15:22.42 | |
| 2 | Mike Lowe | Tasman | | 15:33.11 | |
| 3 | Matthew Dryden | Canterbury | | 16:18.33 | |
| **Men under 20 3000m Steeplechase** | | | | | |
| 1 | Thomas Currie | Auckland | | 9:36.02 | |
| 2 | Matthew Dryden | Canterbury | | 10:09.24 | |
| 3 | Henry Watt | Auckland | | 10:28.62 | |
| **Men under 20 110m Hurdles Wind 0.9** | | | | | |
| 1 | Joshua Hawkins | Auckland | | 13.80 | |
| 2 | Jack Henry | Canterbury | | 14.82 | |
| 3 | James Hunt | Waikato-Bay of Plenty | | 15.18 | |
| **Men under 20 400m Hurdles** | | | | | |
| 1 | James Hunt | Waikato-Bay of Plenty | | 58.81 | |
| **Men under 20 3000m Track Walk** | | | | | |
| 1 | Matthew Holcroft | Waikato-Bay of Plenty | | 12:56.68 | |
| **Men under 20 10km Road Walk** | | | | | |
| 1 | Jonathon Lord | Canterbury | | 48:00 | |
| 2 | Matthew Holcroft | Waikato-Bay of Plenty | | 51:05 | |
| 3 | Jared Free | Canterbury | | 55:06 | |
| **Men under 20 4 x 100m Relay** | | | | | |
| 1 | Michael Goldie  Alex Colvin  Joshua Quartermaine  Olly Ranby | | Waikato-Bay of Plenty | 42.36 | |
| 2 | Jonty Nesbitt  William Smart  William Cowper  Tom Symes | | Manawatu-Wanganui | 42.88 | |
| **Men under 20 4 x 400m Relay** | | | | | |
| 1 | Jonty Rae  Bennet Rogers  Matthew Connolly  Olly Ranby | | Waikato-Bay of Plenty | | 3:17.96 |
| 2 | Tom Symes  William Cowper  Jonty Nesbitt  William Smart | | Manawatu-Wanganui | | 3:21.62 |
| 3 | James Hunt  Sean Henley-Smith  Michael Goldie  Joshua Quartermaine | | Waikato-Bay of Plenty | | 3:31.10 |
| **Men under 20 High Jump** | | | | | |
| 1 | James Sandilands | | Canterbury | | 2.03 |
| 2 | Jordan Peters | | Auckland | | 2.03 |
| 3 | Sam Pinson | | Auckland | | 1.99 |
| **Men under 20 Pole Vault** | | | | | |
| 1 | Nicholas Southgate | | Auckland | | 5.00 |
| 2 | Pascal Kethers | | Auckland | | 4.80 |
| 3 | Luca Denee | | Auckland | | 4.50 |
| **Men under 20 Long Jump** | | | | | |
| 1 | Alex Colvin | | Waikato-Bay of Plenty | | 7.28 (1.1) |
| 2 | Callum Taylor | | Waikato-Bay of Plenty | | 6.49 (1.9) |
| 3 | William Cowper | | Manawatu-Wanganui | | 6.44 (0.3) |
| **Men under 20 Triple Jump** | | | | | |
| 1 | Jordan Peters | | Auckland | | 13.58 (0.0) |
| 2 | Sean Pay | | Southland | | 13.02 (0.0) |
| 3 | Matthew Connolly | | Waikato-Bay of Plenty | | 12.32 (0.0) |
| **Men under 20 Shot Put** | | | | | |
| 1 | Jacko Gill | | Auckland | | 20.53 |
| 2 | Alex Fafaeita | | Hawkes Bay-Gisborne | | 15.84 |
| 3 | Matthew Bloxham | | Auckland | | 15.78 |
| **Men under 20 Discus Throw** | | | | | |
| 1 | Samiuela Ulufonoa | | Auckland | | 50.25 |
| 2 | Richard Callister | | Auckland | | 48.73 |
| 3 | Charlie Gamble | | Canterbury | | 48.05 |
| **Men under 20 Hammer Throw** | | | | | |
| 1 | Matthew Bloxham | | Auckland | | 60.46 |
| 2 | Alex Fafeita | | Hawkes Bay-Gisborne | | 55.52 |
| 3 | Dean Rusbatch | | Canterbury | | 54.05 |
| **Men under 20 Javelin Throw** | | | | | |
| 1 | Kyle van der Merwe | | Taranaki | | 58.23 |
| 2 | Nathan Buckley | | Pakuranga | | 54.96 |
| 3 | Thomas Quinn | | Wellington | | 43.81 |
|  | | | | | |
| **Women under 20 100m Wind 0.6** | | | | | |
| 1 | Molly Florence | | Waikato-Bay of Plenty | | 11.96 |
| 2 | Leanna Ryan | | Canterbury | | 12.32 |
| 3 | Ellie McCleery | | Waikato-Bay of Plenty | | 12.46 |
| **Women under 20 200m Wind -2.5** | | | | | |
| 1 | Molly Florence | | Waikato-Bay of Plenty | | 25.15 |
| 2 | Ellie McCleery | | Waikato-Bay of Plenty | | 25.49 |
| 3 | Rosy Hogben | | Canterbury | | 26.28 |
| **Women under 20 400m** | | | | | |
| 1 | Ellie McCleery | | Waikato-Bay of Plenty | | 56.45 |
| 2 | Kerry White | | Waikato-Bay of Plenty | | 56.83 |
| 3 | Stevie Paine | | Wellington | | 58.51 |
| **Women under 20 800m** | | | | | |
| 1 | Kerry White | | Waikato-Bay of Plenty | | 2:09.63 |
| 2 | Ariana Harper | | Wellington | | 2:10.20 |
| 3 | Pippa Trevella | | Canterbury | | 2:10.29 |
| **Women under 20 1500m** | | | | | |
| 1 | Pippa Trevella | | Canterbury | | 4:33.17 |
| 2 | Ariana Harper | | Wellington | | 4:34.23 |
| 3 | Olivia Ritchie | | Waikato-Bay of Plenty | | 4:35.75 |
| **Women under 20 5000m** | | | | | |
| 1 | Ashleigh Williams | | Auckland | | 18:02.41 |
| 2 | Charlotte Cheyne | | Pakuranga | | 18:17.44 |
| **Women under 20 3000m Steeplechase** | | | | | |
|  | *No entries* | |  | |  |
| **Women under 20 100m Hurdles Wind 0.5** | | | | | |
| 1 | Leanna Ryan | | Canterbury | | 14.58 |
| 2 | Ashleigh Sando | | Manawatu-Wanganui | | 15.04 |
| 3 | Mackenzie Keenan | | Canterbury | | 15.10 |
| **Women under 20 400m Hurdles** | | | | | |
| 1 | Stephanie Dickins | | Manawatu-Wanganui | | 62.75 |
| 2 | Natalie Hill | | Otago | | 67.38 |
| 3 | Natalie Booth | | Auckland | | 69.74 |
| **Women under 20 3000m Track Walk** | | | | | |
| 1 | Jenny Meikle | | Canterbury | | 17:43.28 |
| 2 | Sarah-Amy Rhind | | Racewalking Auckland | | 18:00.25 |
| **Women under 20 10km Road Walk** | | | | | |
| 1 | Jenny Meikle | | Canterbury | | 1:06:24 |
| **Women under 20 4 x 100m Relay** | | | | | |
| 1 | Robyn Engels  Ellie McCleery  Talia Horgan  Molly Florence | | Waikato-Bay of Plenty | | 48.35 |
| 2 | Sarah Karika  Florence de Bievre  Hannah McLeod  Ainsley Renouf | | Manawatu-Wanganui | | 49.96 |
| 3 | Rebecca Gillett  Scarlett Jordan  Kate Garner  Jessie Park | | Canterbury | | 51.80 |
| **Women under 20 4 x 400m Relay** | | | | | |
| 1 | Katelyn Matthews  Robyn Engels  Kerry White  Molly Florence | | Waikato-Bay of Plenty | | 4:00.49 |
| 2 | Stevie Paine  Ariana Harper  Ariana Blackwood  Molly Creagh | | Wellington | | 4:03.62 |
| 3 | Stacey Dennison  Meg McKay  Natalie Hill  Zoey Flockton | | Otago | | 4:05.30 |
| **Women under 20 High Jump** | | | | | |
| 1 | Paige Harwood | | Auckland | | 1.71 |
| 2 | Valerie Chan | | Wellington | | 1.67 |
| 3 | Sarah McDonald | | Manawatu-Wanganui | | 1.63 |
| **Women under 20 Pole Vault** | | | | | |
| 1 | Eliza McCartney | | Auckland | | 4.00 |
| 2 | Valerie Chan | | Wellington | | 3.46 |
| 3 | Jessica Boyd | | Canterbury | | 2.96 |
| **Women under 20 Long Jump** | | | | | |
| 1 | Ashleigh Sando | | Manawatu-Wanganui | | 5.82 (2.4) |
| 2 | Leanna Ryan | | Canterbury | | 5.68 (2.0) |
| 3 | Paige Harwood | | Auckland | | 5.60 (2.2) |
| **Women under 20 Triple Jump** | | | | | |
| 1 | Greer Alsop | | Southland | | 12.26 (1.3) |
| 2 | Jennifer Scott | | Auckland | | 12.21 (3.0) |
| 3 | Anna Thomson | | Wellington | | 11.95 (2.9) |
| **Women under 20 Shot Put** | | | | | |
| 1 | Siositina Hakeai | | Auckland | | 13.13 |
| 2 | Ofa Hakeai | | Auckland | | 12.95 |
| 3 | Merewarihi Vaka | | Auckland | | 12.52 |
| **Women under 20 Discus Throw** | | | | | |
| 1 | Siositina Hakeai | | Auckland | | 57.81 |
| 2 | Merewarihi Vaka | | Auckland | | 48.62 |
| 3 | Ruby Cochrane | | Canterbury | | 40.30 |
| **Women under 20 Hammer Throw** | | | | | |
| 1 | Lauren Bruce | | Canterbury | | 46.73 |
| 2 | Danielle Botha | | Waikato-Bay of Plenty | | 46.04 |
| 3 | Ella Pilkington | | Auckland | | 44.63 |
| **Women under 20 Javelin Throw** | | | | | |
| 1 | Madeleine Chapman | | Auckland | | 45.89 |
| 2 | Tori Peeters | | Southland | | 43.13 |
| 3 | Montaya Wharehinga | | Wellington | | 37.77 |
|  | | | | | |
| **Men under 18 100m Wind -0.6** | | | | | |
| 1 | Austen Heuvel | | Auckland | | 10.98 |
| 2 | Dian Munoz | | Chile (Visitor) | | 11.27 |
| 3 | Hamish Gill | | Auckland | | 11.36 |
| 4 | Brett Farrell | | Auckland | | 11.39 |
| **Men under 18 200m Wind -2.7** | | | | | |
| 1 | Adam Ramsdale | | Auckland | | 22.09 |
| 2 | Brett Farrell | | Auckland | | 22.62 |
| 3 | Dian Munoz | | Chile (Visitor) | | 22.92 |
| 4 | Te Kapua Murray | | Waikato-Bay of Plenty | | 23.12 |
| **Men under 18 400m** | | | | | |
| 1 | Tom Smith | | Waikato-Bay of Plenty | | 48.46 |
| 2 | Bailey Stewart | | Auckland | | 48.46 |
| 3 | Henry Boyhan | | Auckland | | 49.24 |
| **Men under 18 800m** | | | | | |
| 1 | Michael Dawson | | Auckland | | 1:55.11 |
| 2 | Tannock Blair | | Canterbury | | 1:55.60 |
| 3 | Joshua Barry | | Tasman | | 1:59.82 |
| **Men under 18 1500m** | | | | | |
| 1 | Jacob Priddey | | Waikato-Bay of Plenty | | 3:58.82 |
| 2 | Jeff Lautenslager | | Tasman | | 4:01.44 |
| 3 | Tannock Blair | | Canterbury | | 4:01.55 |
| **Men under 18 3000m** | | | | | |
| 1 | Jacob Priddey | | Waikato-Bay of Plenty | | 8:30.42 |
| 2 | George Beamish | | Manawatu-Wanganui | | 8:37.96 |
| 3 | Marcus Karamanolis | | Wellington | | 8:39.24 |
| **Men under 18 2000m Steeplechase** | | | | | |
| 1 | George Beamish | | Manawatu-Wanganui | | 6:17.69 |
| 2 | Jordan Rackham | | Southland | | 6:28.21 |
| 3 | Jack Beaumont | | Southland | | 6:30.83 |
| **Men under 18 110m Hurdles Wind 0.1** | | | | | |
| 1 | James Sandilands | | Canterbury | | 13.88 |
| 2 | Ross Hulley | | Canterbury | | 15.01 |
| 3 | Luca Denee | | Auckland | | 15.60 |
| **Men under 18 300m Hurdles** | | | | | |
| 1 | Quin Hartley | | Manawatu-Wanganui | | 39.89 |
| 2 | Charlie McCartin | | Manawatu-Wanganui | | 41.49 |
| 3 | Carl Scott | | Auckland | | 41.61 |
| **Men under 18 3000m Track Walk** | | | | | |
| 1 | Jonathon Lord | | Canterbury | | 13:26.93 |
| 2 | Jared Free | | Auckland | | 15:27.22 |
| 3 | Jamie Shaw | | Tasman | | 15:37.12 |
| **Men under 18 4 x 100m Relay** | | | | | |
| 1 | Austen Heuvel  Adam Ramsdale  Hamish Gill  Brett Farrell | | Auckland | | 42.28 |
| 2 | Te Kapua Murray  Callum Taylor  Tom Smith  Taylor Wynne | | Waikato-Bay of Plenty | | 44.21 |
| 3 | Christopher McNoe  George Woodhouse  Zakary Watt  Sam Watson | | Otago | | 44.23 |
| **Men under 18 4 x 400m Relay** | | | | | |
| 1 | Bailey Stewart  Michael Dawson  Ethan Vaughan  Henry Boyhan | | Auckland | | 3:23.37 |
| 2 | Christopher McNoe  Tim Morrison  Zakary Watt  Joshua Browne | | Otago | | 3:30.39 |
| 3 | Dhruv Raman  Edward Hewitt  Tom Caughley  Benson Oosterbaan | | Wellington | | 3:35.64 |
| **Men under 18 High Jump** | | | | | |
| 1 | Cory McDermott | | Auckland | | 1.99 |
| 2 | James Sandilands | | Canterbury | | 1.96 |
| 3 | Aaron Booth | | Auckland | | 1.93 |
| **Men under 18 Pole Vault** | | | | | |
| 1 | Luca Denee | | Auckland | | 4.55 |
| 2 | James Steyn | | North Harbour Bays | | 3.40 |
| 3 | Toby Franks | | Auckland | | 3.20 |
| **Men under 18 Long Jump** | | | | | |
| 1 | Hamish Gill | | Auckland | | 6.85 (3.1) |
| 2 | Callum Taylor | | Waikato-Bay of Plenty | | 6.58 (2.0) |
| 3 | Niven Longopoa | | Auckland | | 6.44 (1.9) |
| **Men under 18 Triple Jump** | | | | | |
| 1 | Sean Pay | | Southland | | 13.42 (0.0) |
| 2 | Caleb Bensemann | | Manawatu-Wanganui | | 13.15 (2.1) |
| 3 | Matthew Codd | | Taranaki | | 12.61 (0.5) |
| **Men under 18 Shot Put** | | | | | |
| 1 | Benedict Chong Wong | | Auckland | | 18.94 |
| 2 | Matthew Bloxham | | Auckland | | 18.83 |
| 3 | Charlie Gamble | | Canterbury | | 16.71 |
| **Men under 18 Discus Throw** | | | | | |
| 1 | Charlie Gamble | | Canterbury | | 57.63 |
| 2 | Samiuela Ulufonua | | Auckland | | 56.95 |
| 3 | Matthew Bloxham | | Auckland | | 49.93 |
| **Men under 18 Hammer Throw** | | | | | |
| 1 | Matthew Bloxham | | Auckland | | 67.25 |
| 2 | Ashley Craig | | Southland | | 50.80 |
| 3 | Damian Tafalagi | | New Caledonia (Visitor) | | 50.36 |
| 4 | Bradley Tarleton | | Otago | | 46.76 |
| **Men under 18 Javelin Throw** | | | | | |
| 1 | Taylor Matthews | | Auckland | | 60.13 |
| 2 | Alex Wood | | Waikato-Bay of Plenty | | 54.44 |
| 3 | Julian Abraham | | Pakuranga | | 52.32 |
|  | | | | | |
| **Women under 18 100m Wind 2.1** | | | | | |
| 1 | Zoe Hobbs | | Taranaki | | 11.93 |
| 2 | Abbey Goldie | | Waikato-Bay of Plenty | | 12.03 |
| 3 | Amy Robinson | | Waikato-Bay of Plenty | | 12.20 |
| **Women under 18 200m Wind -3.1** | | | | | |
| 1 | Zoe Hobbs | | Taranaki | | 25.02 |
| 2 | Abbey Goldie | | Waikato-Bay of Plenty | | 25.71 |
| 3 | Georgia Hulls | | Hawkes Bay-Gisborne | | 26.01 |
| **Women under 18 400m** | | | | | |
| 1 | Shannon Gearey | | Hawkes Bay-Gisborne | | 55.36 |
| 2 | Talia Horgan | | Waikato-Bay of Plenty | | 56.56 |
| 3 | Megan Kikuchi | | Auckland | | 56.72 |
| **Women under 18 800m** | | | | | |
| 1 | Tarryn Davey | | Waikato-Bay of Plenty | | 2:10.00 |
| 2 | Lucy Jacobs | | Auckland | | 2:10.52 |
| 3 | Holly Manning | | Hawkes Bay-Gisborne | | 2:10.78 |
| **Women under 18 1500m** | | | | | |
| 1 | Arianna Lord | | Waikato-Bay of Plenty | | 4:40.11 |
| 2 | Jessica Martin | | Tasman | | 4:40.56 |
| 3 | Alison Andrews-Paul | | Wellington | | 4:41.38 |
| **Women under 18 3000m** | | | | | |
| 1 | Audrey Gregan | | Auckland | | 10:04.42 |
| 2 | Jessica Martin | | Tasman | | 10:06.94 |
| 3 | Amelia Morgan | | Canterbury | | 10:09.46 |
| **Women under 18 2000m Steeplechase** | | | | | |
| 1 | Anneke Grogan | | Waikato-Bay of Plenty | | 7:13.26 |
| 2 | Mary Bollen | | Waikato-Bay of Plenty | | 7:15.66 |
| 3 | Annabelle Vincent | | Canterbury | | 7:26.42 |
| **Women under 18 100m Hurdles Wind 1.9** | | | | | |
| 1 | Christina Ashton | | Otago | | 14.63 |
| 2 | Mikaela Jefferson | | Waikato-Bay of Plenty | | 14.69 |
| 3 | Amy Robinson | | Waikato-Bay of Plenty | | 14.77 |
| **Women under 18 300m Hurdles** | | | | | |
| 1 | Amy Robinson | | Waikato-Bay of Plenty | | 43.35 |
| 2 | Rebecca Gillett | | Canterbury | | 46.01 |
| 3 | Mikaela Jefferson | | Waikato-Bay of Plenty | | 46.55 |
| **Women under 18 3000m Track Walk** | | | | | |
| 1 | Emma Dunbar | | Auckland | | 18:29.19 |
| 2 | Kerri Batin | | Sumner | | 20:06.02 |
| **Women under 18 4 x 100m Relay** | | | | | |
| 1 | Brooke Somerfield  Amy Robinson  Dionne Treadaway  Abby Goldie | | Waikato-Bay of Plenty | | 47.71 |
| 2 | Rosalind Cricket  Nicole Robertson  Megan Kikuchi  Brenagan Salt | | Auckland | | 48.54 |
| 3 | Brie Wilson  Meikayla Moore  Olivia Maisey  Rosie Elliott | | Canterbury | | 49.04 |
| **Women under 18 4 x 400m Relay** | | | | | |
| 1 | Amy Robinson  Jessica Bitcheno  Tarryn Davey  Talia Horgan | | Waikato-Bay of Plenty | | 3:51.58 |
| 2 | Megan Kikuchi  Tori Kolose  Celine Pearn  Lucy Jacobs | | Manawatu-Wanganui | | 3:52.65 |
| 3 | Shannon Gearey  Georgia Hulls  Josie Minor  Holly Manning | | Hawkes Bay-Gisborne | | 3:57.47 |
| **Women under 18 High Jump** | | | | | |
| 1 | Erica Winton | | Canterbury | | 1.61 |
| 2 | Meg McKay | | Otago | | 1.57 |
| 3 | Charlotte Hunter | | Auckland | | 1.57 |
| **Women under 18 Pole Vault** | | | | | |
| 1 | Eliza McCartney | | Auckland | | 4.00 |
| 2 | Hannah Lunday | | Auckland | | 3.00 |
|  | Lauren Beckett | | Canterbury | | 2.85 |
| **Women under 18 Long Jump** | | | | | |
| 1 | Amy Robinson | | Waikato-Bay of Plenty | | 5.76 (2.0) |
| 2 | Zoe Hobbs | | Taranaki | | 5.71 (0.7) |
| 3 | Emma Hopcroft | | Southland | | 5.58 (1.7) |
| **Women under 18 Triple Jump** | | | | | |
| 1 | Stefanie Aeschillmann | | Germany (Visitor) | | 11.61 (1.5) |
| 2 | Zoe Hobbs | | Taranaki | | 10.98 (1.6) |
| 3 | Aprille Mincher | | Wellington | | 10.93 (2.1) |
| 4 | Amelia Fraser | | Auckland | | 10.76 (1.9) |
| **Women under 18 Shot Put** | | | | | |
| 1 | Ofa Hakeai | | Auckland | | 13.92 |
| 2 | Ivanja Po’uhila | | Auckland | | 13.73 |
| 3 | Mackenzie Vitasovich | | Auckland | | 13.33 |
| **Women under 18 Discus Throw** | | | | | |
| 1 | Ofa Hakeai | | Auckland | | 41.35 |
| 2 | Brooke Urquhart | | Auckland | | 40.73 |
| 3 | Elizabeth Jones | | Otago | | 39.11 |
| **Women under 18 Hammer Throw** | | | | | |
| 1 | Lauren Bruce | | Canterbury | | 53.28 |
| 2 | Emma Kruszona | | Wellington | | 44.32 |
| 3 | Elizabeth Jones | | Otago | | 42.86 |
| **Women under 18 Javelin Throw** | | | | | |
| 1 | Laura Overton | | Southland | | 43.55 |
| 2 | Stefanie Aeschillmann | | Germany (Visitor) | | 40.55 |
| 3 | Marike de Wet | | Auckland | | 34.41 |
| 4 | Hannah Brough | | Auckland | | 30.38 |

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| **Men AWD AMB 100m Wind 2.4** | | | | |
| 1 | Nick Blincoe | North Harbour Bays | 12.67 |  |
| 2 | Richard Nelson-Parker | Auckland | 13.60 |  |
| 3 | Daryl Humberstone | Canterbury | 15.98 |  |
| **Men AWD AMB 200m Wind -3.8** | | | | |
| 1 | Richard Nelson-Parker | Auckland | 28.76 |  |
| 2 | Jack Woods | Canterbury | 39.96 |  |
| **Men AWD AMB 400m** | | | | |
| 1 | Jason Wali | Canterbury | 1:20.75 |  |
| 2 | Daryl Humberstone | Canterbury | 1:25.28 |  |
| 3 | Jack Woods | Canterbury | 1:34:26 |  |
| **Men AWD AMB 800m** | | | | |
| 1 | Jack Woods | Canterbury | 3:36.89 |  |
| **Men AWD AMB High Jump** | | | | |
| 1 | Jono Brownjohn | Taranaki | 1.67 |  |
| **Men AWD AMB Long Jump** | | | | |
| 1 | Jono Brownjohn | Taranaki | 5.30 (2.7) |  |
| 2 | Daryl Humberstone | Canterbury | 2.99 (3.8) |  |
| **Men AWD AMB Shot Put** | | | | |
| 1 | Julian Bethell | Canterbury | 6.97 |  |
| 2 | Jack Woods | Canterbury | 5.67 |  |
| **Men AWD AMB Discus Throw** | | | | |
| 1 | Julian Bethell | Canterbury | 22.47 |  |
| 2 | Daryl Humberstone | Canterbury | 20.58 |  |
| 3 | Jack Woods | Canterbury | 17.62 |  |
| **Men AWD AMB Javelin Throw** | | | | |
| 1 | Daryl Humberstone | Canterbury | 15.42 |  |
| **Men AWD ID 100m Wind 2.4** | | | | |
| 1 | Keelan Ward | Wellington | 13.89 |  |
| **Men AWD ID 200m Wind -3.8** | | | | |
| 1 | Keelan Ward | Wellington | 29.54 |  |
| **Men AWD ID 400m** | | | | |
| 1 | Keelan Ward | Wellington | 65.15 |  |
| **Women AWD AMB Shot Put** | | | | |
| 1 | Holly Robinson | Otago | 10.07 |  |
| 2 | Ashley Exeter | Manawatu-Wanganui | 8.25 |  |

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| **Mountain Running Championships** | | | |
| **Wainuiomata, 13 April 2013** | | | |
| **Senior Men 12km** | | | |
| 1 | Dougal Butler | Hawera | 52:51 |
| 2 | Jordan Harries | Tasmania (Visitor) | 54:50 |
| 3 | Dougal Thorburn | Wellington Scottish | 54:56 |
| 4 | Glenn Hughes | Wellington Scottish | 56:43 |
| **Senior Women 9km** | | | |
| 1 | Marjolein Cook | Wellington Scottish | 44:35 |
| 2 | Helen Rountree | Hamilton City Hawks | 46:16 |
| 3 | Sally Gibbs | Tauranga | 46:48 |
| **Men under 20 9km** | | | |
| 1 | Alistair Meffan | Nelson | 40:34 |
| 2 | Thomas Anderson | Nelson | 41:23 |
| 3 | Tim Robertson | Hutt Valley | 41:35 |
| **Women under 20 4km** | | | |
| 1 | Jessica Barnes | Marlborough | 27:46 |
| 2 | Monica Burnard | Hastings | 31:21 |
| **M35 12km** | | | |
| 1 | Stephen Day | Wellington Scottish | 58:54 |
| 2 | Allen Brears | Cambridge | 1:08:07 |
| **M40 12km** | | | |
| 1 | Butch Borlase | Olympic (Wellington) | 1:03:01 |
| 2 | Russell Lake | Tauranga | 1:03:13 |
| 3 | Rodney Baldock | Stratford | 1:04:30 |
| **M45 12km** | | | |
| 1 | Michael Wray | Wellington Scottish | 1:11:13 |
| 2 | Bill Trompetter | Hutt Valley | 1:15:11 |
| 3 | Paul Richardson | Wainuiomata | 1:16:50 |
| **M50 9km** | | | |
| 1 | Robbie Barnes | Marlborough | 46:11 |
| 2 | Liam Healey | Wellington Harriers | 48:14 |
| 3 | Marcus Smith | Hutt Valley | 48:43 |
| **M55 9km** | | | |
| 1 | Colin Earwaker | Lake City | 44:15 |
| 2 | Paul Sharp | Wellington Harriers | 45:57 |
| 3 | Mark Handley | Olympic (Wellington) | 47:43 |
| **M60 9km** | | | |
| 1 | Barry Prosser | Olympic (Wellington) | 47:51 |
| 2 | Dave Mason | Wellington Harriers | 52:23 |
| 3 | Donald McGowan | Wainuiomata | 1:04:56 |
| **M65 9km** | | | |
| 1 | Jim Kettlewell | Hatea | 56:44 |
| 2 | Rupert Watson | Trentham | 59:58 |
| 3 | Richard Sweetman | Wellington Scottish | 1:00:04 |
| **M70 9km** | | | |
| 1 | Ray Wallis | Aurora | 1:15:16 |
| **W35 9km** | | | |
| 1 | Leah Hirschfield | University of Canterbury | 51:38 |
| 2 | Nikki Braniff-Jones | Wainuiomata | 1:01:14 |
| **W40 9km** | | | |
| 1 | Michelle van Looy | Olympic (Wellington) | 53:45 |
| 2 | Jen Stoupe | Wainuiomata | 1:07:20 |
| **W45 9km** | | | |
| 1 | Vanessa Trompetter | Hutt Valley | 1:00:19 |
| **W50 9km** | | | |
| 1 | Christine Carleton | Wellington Scottish | 56:48 |
| 2 | Trish Coley | Wainuiomata | 1:06:07 |
| **W55 9km** | | | |
| 1 | Sheryne Coverdale | Olympic (Wellington) | 59:39 |
|  | Christine Jones | Wellington Scottish | 1:06:15 |
|  | Loretta de Sourdy | Wellington Scottish | 1:13:13 |
| **W60 9km** | | | |
| 1 | Jan Fulstow | Olympic (Wellington) | 1:03:31 |

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| **100km Championships** | | | |
| **Christchurch, 5 May 2013** | | | |
| **Men** | | | |
| 1 | Russell Lake | Tauranga | 8:08:52 |
| 2 | David Ryan | Port Hills | 8:59:37 |
| 3 | Dayle Steele | Christchurch Anglican | 9:36:51 |
| **Women** | | | |
| 1 | Shannon-Leigh Litt | University of Canterbury | 9:04:46 |
| 2 | Katrin Gottschalk | Auckland YMCA | 9:09:04 |
| 3 | Kate Townsley | Taupo | 11:01:36 |

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| **Marathon Championships** | | | |
| **Wellington, 26 June 2013** | | | |
| **Senior Men** | | | |
| 1 | Dougal Thorburn | Wellington Scottish | 2:25:33 |
| 2 | Stephen Lett | Takapuna | 2:26:59 |
| 3 | Chris Sanson | Palmerston North | 2:29:38 |
| **Senior Women** | | | |
| 1 | Shireen Crumpton | Hill City | 2:55:04 |
| 2 | Katrin Gottschalk | Auckland YMCA | 3:07:59 |
| 3 | Natalie Gaskin | Wellington Scottish | 3:13:26 |
| **M35** | | | |
| 1 | Daniel Clendon | Wellington Harriers | 2:31:42 |
| 2 | Adrian Lysaght | Lake City | 2:36:11 |
| 3 | Paul Barwick | Wellington Scottish | 2:49:00 |
| **M40** | | | |
| 1 | Hamish Maxwell | Hawera | 2:41:39 |
| 2 | Sasha Daniels | Auckland City Athletics | 2:42:28 |
| 3 | Lance Gray | Palmerston North | 2:57:53 |
| **M45** | | | |
| 1 | Grant McLean | Wellington Scottish | 2:42:44 |
| 2 | Michael Wray | Wellington Scottish | 2:46:29 |
| 3 | John Plimmer | Wellington Scottish | 3:13:56 |
| **M50** | | | |
| 1 | Robbie Barnes | Marlborough | 2:51:20 |
| 2 | David Lear | Auckland City Athletics | 2:54:35 |
| 3 | Bill Trompetter | Hutt Valley | 3:13:32 |
| **M55** | | | |
| 1 | Tony Price | Masterton | 2:50:42 |
| 2 | Malcolm Chamberlin | Auckland City Athletics | 3:47:50 |
| 3 | Rex Carmichael | Whangarei | 4:01:58 |
| **M60** | | | |
| 1 | Brian Hayes | Wellington Harriers | 3:13:43 |
| 2 | Andy Harper | Auckland YMCA | 3:36:56 |
| 3 | Bruce Woods | New Brighton Olympic | 3:48:57 |
| **M70** | | | |
| 1 | Kelvin Fitness | Whangarei | 4:01:44 |
| **M80** | | | |
| 1 | Stanley Gawler | Port Hills | 5:52:57 |
| 2 | Barry Boston | Auckland YMCA | 6:09:57 |
| **W45** | | | |
| 1 | Robyn Perkins | Christchurch Avon | 3:27:41 |
| 2 | Ingrid Frost | Auckland YMCA | 3:29:23 |
| 3 | Kiri Price | Auckland YMCA | 4:36:37 |
| **W50** | | | |
| 1 | Patricia Stichbury | Fielding Moa | 3:43:39 |
| 2 | Jan Miller | Whangarei | 4:01:39 |
| 3 | Debra Arnold | Fielding Moa | 4:02:28 |
| **W55** | | | |
| 1 | Sheryne Coverdale | Olympic (Wellington) | 4:05:00 |
| 2 | Lesley Arnold | Trentham | 4:15:53 |
| **W60** | | | |
| 1 | Jill Bishop | Takapuna | 4:02:10 |
| 2 | Barbara Scarfe | Auckland YMCA | 4:36:31 |
| **W65** | | | |
| 1 | Colleen Falloon | Auckland YMCA | 5:11:47 |

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| **Cross Country Championships** | | | |
| **Hamilton, 3 August 2013** | | | |
| **Senior Men 12km** | | | |
| 1 | Malcolm Hicks | Auckland | 37:29 |
| 2 | Callan Moody | Canterbury | 37:33 |
| 3 | Jono Jackson | Auckland | 37:35 |
| **Senior Women 8km** | | | |
| 1 | Nicki McFadzien | Canterbury | 28:05 |
| 2 | Annika Pfitzinger | Auckland | 28:14 |
| 3 | Holly van Dalen | Auckland | 28:33 |
| **Men under 20 8km** | | | |
| 1 | Matt Baxter | Auckland | 25:50 |
| 2 | Samuel Bremer | Otago | 26:12 |
| 3 | Ben Moynihan | Auckland | 26:26 |
| **Women under 20 6km** | | | |
| 1 | Margot Gibson | Canterbury | 22:38 |
| 2 | Pippa Trevella | Canterbury | 22:51 |
| 3 | Ashleigh Williams | Auckland | 23:08 |
| **Men under 18 6km** | | | |
| 1 | George Beamish | Manawatu-Wanganui | 19:03 |
| 2 | Jacob Priddey | Waikato-Bay of Plenty | 19:07 |
| 3 | Jake Tennent | Wellington | 19:11 |
| **Women under 18 4km** | | | |
| 1 | Arianna Lord | Waikato-Bay of Plenty | 14:23 |
| 2 | Amelia Morgan | Canterbury | 14:27 |
| 3 | Jessica Morrison | Auckland | 14:33 |
| **M35 8km** | | | |
| 1 | Daniel Nixon | Wellington | 26:57 |
| 2 | Ben Winder | Wellington | 27:02 |
| 3 | Jon Healey | Auckland | 27:15 |
| **M40 8km** | | | |
| 1 | Todd Stevens | Wellington | 26:59 |
| 2 | Simon Maunder | Auckland | 27:41 |
| 3 | Christopher Robb | Auckland | 27:43 |
| **M45 8km** | | | |
| 1 | Richard Bennett | Canterbury | 26:50 |
| 2 | Robbie Johnston | Auckland | 26:57 |
| 3 | Grant McLean | Wellington | 27:29 |
| **M50 8km** | | | |
| 1 | Cliff Bowman | Tasman | 29:08 |
| 2 | Bruce Edwards | Waikato-Bay of Plenty | 29:14 |
| 3 | Ricky Gutsell | Gore | 29:20 |
| **M55 8km** | | | |
| 1 | Robyn Grant | Taranaki | 29:08 |
| 2 | Vaughan New | Wellington | 29:25 |
| 3 | Tony Price | Wellington | 30:54 |
| **M60 8km** | | | |
| 1 | Graeme Lear | Wellington | 30:56 |
| 2 | Gavin Smith | Waikato-Bay of Plenty | 32:15 |
| 3 | Rodger Ward | Christchurch Avon | 33:11 |
| **M65 8km** | | | |
| 1 | Trevor Ogilvie | Waikato-Bay of Plenty | 31:19 |
| 2 | Jim Kettlewell | Hatea | 34:49 |
| 3 | John Skinnon | Wellington Scottish | 35:06 |
| **M70 8km** | | | |
| 1 | Robert McPherson | Tauranga | 39:46 |
| 2 | Norris Wyatt | NZ Masters | 42:35 |
| 3 | Peter Vyver | Lake City | 43:59 |
| **M75 8km** | | | |
| 1 | Len Wilson | Technical | 49:31 |
| **M80 8km** | | | |
| 1 | Brian Smith | Hamilton City Hawks | 58:32 |
| **W35 6km** | | | |
| 1 | Louisa Andrew | Otago | 22:50 |
| 2 | Katrin Gottschalk | Auckland | 24:32 |
| 3 | Mandy Simpson | Wellington | 25:28 |
| **W40 6km** | | | |
| 1 | Katy Dawson | Waikato-Bay of Plenty | 23:20 |
| 2 | Michelle van Looy | Wellington | 25:03 |
| 3 | Judith May | Waikato-Bay of Plenty | 25:34 |
| **W45 6km** | | | |
| 1 | Gabrielle O’Rourke | Wellington | 22:41 |
| 2 | Lesley Ryan | Auckland | 25:18 |
| 3 | Corinne Smith | Whangarei | 25:49 |
| **W50 6km** | | | |
| 1 | Sally Gibbs | Waikato-Bay of Plenty | 21:54 |
| 2 | Carolyn Smith | Auckland | 25:50 |
| 3 | Maureen Leonard | Waikato-Bay of Plenty | 26:30 |
| **W55 6km** | | | |
| 1 | Margie Peat | Auckland | 26:24 |
| 2 | Karen Crossan | Auckland | 27:48 |
| 3 | Karen Gillum-Green | Taranaki | 28:51 |
| **W60 6km** | | | |
| 1 | Judith Stewart | Auckland City Athletics | 29:10 |
| 2 | Kathleen Howard | Lake City | 30:40 |
| 3 | Joy Baker | Taranaki | 30:56 |
| **W70 6km** | | | |
| 1 | Pam Kenny | Tauranga | 34:13 |
| **B14 3km** | | | |
| 1 | Isaiah Priddey | Hamilton City Hawks | 9:58 |
| 2 | Sam Montgomerie | Hamilton City Hawks | 10:16 |
| 3 | Connor Tristram | Hamilton City Hawks | 10:21 |
| **B12 2km** | | | |
| 1 | Noah Macdermid | Fielding Moa | 6:51 |
| 2 | Oscar Fossey | Phoenix | 7:03 |
| - | Jack Fairfield-Smit | Visitor (Australia) | 7:12 |
| 3 | Corban Crowther | Tauranga | 7:21 |
| **G14 3km** | | | |
| 1 | Ari Graham | Phoenix | 10:56 |
| 2 | Zia Macdermid | Fielding Moa | 11:00 |
| 3 | Grace Ritchie | Hamilton City Hawks | 11:28 |
| **G12 2km** | | | |
| 1 | Mya Graham | Phoenix | 7:12 |
| 2 | Zaria Ireland | Wesley | 7:23 |
| 3 | Eliza Meekings | Phoenix | 7:24 |
| **Senior Men Team** | | | |
| 1 | Malcolm Hicks  Jono Jackson  Brent Henley  Johnny McKee  Liam Scopes  William Harris | Auckland | 61pts |
| 2 | Callan Moody  Daniel Balchin  Brett Smith  Andrew Davidson  Blair McWhirter  Nick Merrett | Canterbury | 88pts |
| 3 | Glenn Hughes  Evan Cooper  Ryan McAlister  Rowan Hooper  Stephen Day  Julian Baker | Wellington | 105pts |
| **Senior Women Team** | | | |
| 1 | Annika Pfitzinger  Holly van Dalen  Penny Peskett  Rachael Kingstone | Auckland | 16pts |
| 2 | Gabrielle O’Rourke  Elaine Brent  Nicole Mitchell  Caroline Mellsop | Wellington | 45pts |
| **Men under 20 Team** | | | |
| 1 | Matthew Baxter  Ben Moynihan  Finn Wilson  Matthew Batley | Auckland | 20pts |
| 2 | Kieron McDonald  Joshua Baan  Nathan Tse  Matt Croxford | Wellington | 40pts |
| **Women under 20 Team** | | | |
| 1 | Ashleigh Williams  Elise Salt  Amy Shaw  Laura Cowling | Auckland | 21pts |
| **Men under 18 Team** | | | |
| 1 | Sean Eustace  Cameron Avery  Jacob Reese-Jones  Matthew Prest | Canterbury | 39pts |
| 2 | Matthew Manning  Conal Wilson  George Knowles  Luke Fielding | Auckland | 43pts |
| 3 | James Fletcher  Jake Tennent  Marcus Karamanolis  Max Zorn | Wellington | 52pts |
| **Women under 18 Team** | | | |
| 1 | Jessica Morrison  Lucy Jacobs  Grace Wood  Sophie Rees | Auckland | 26pts |
| 2 | Amelia Morgan  Gabrielle Gray  Jessie Anderson  Mairi Law | Canterbury | 42pts |
| 3 | Jharna Melbourne  Alice Bird  Diana Solis  Amy Chamberlain | Manawatu-Wanganui | 74pts |
| **Masters Men 35-49 Team** | | | |
| 1 | Daniel Nixon  Todd Stevens  Ben Winder  Grant McLean | Wellington | 20pts |
| 2 | Robbie Johnston  Jon Healey  Johan van Hoovels  Simon Maunder | Auckland | 25pts |
| 3 | Russell Lake  Tony Olsen  John Crane  Glenn Sexton | Waikato-Bay of Plenty | 59pts |
| **Masters Men 50+ Team** | | | |
| 1 | Bruce Edwards  Ross Butler  Mark Crowther  Trevor Ogilvie | Waikato-Bay of Plenty | 35pts |
| 2 | Ken Walker  Alastair Prangnell  Greg Banks  Tony Warren | Auckland | 36pts |
| 3 | Cliff Bowman  Pat Meffan  Tim Cross  David Dixon | Tasman | 46pts |
| **Masters Women Team** | | | |
| 1 | Sally Gibbs  Katy Dawson  Judith May  Kathryn McCready | Waikato-Bay of Plenty | 28pts |
| 2 | Gabriele O’Rourke  Michelle van Looy  Mandy Simpson  Teresa Cox | Wellington | 33pts |
| 3 | Katrin Gottschalk  Lesley Ryan  Carolyn Smith  Joy Baker | Auckland | 37pts |

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| **Road Championships** | | | | |
| **Dunedin, 31 August 2013** | | | | |
| **Senior Men 10km** | | | | |
| 1 | Malcolm Hicks | Auckland | | 30:18 |
| 2 | Ben Ashkettle | Wellington | | 30:20 |
| 3 | Daniel Balchin | Canterbury | | 30:34 |
| **Senior Women 10km** | | | | |
| 1 | Camille Buscomb | Waikato-Bay of Plenty | | 34:22 |
| 2 | Georgie Grgec | Auckland | | 35:04 |
| 3 | Sally Gibbs | Waikato-Bay of Plenty | | 35:19 |
| **Men under 20 8km** | | | | |
| 1 | Ben Musson | Canterbury | | 26:30 |
| 2 | Zac Barber | Canterbury | | 26:34 |
| 3 | Matthew Batley | Auckland | | 26:35 |
| **Women under 20 5km** | | | | |
| 1 | Sian English | Otago | | 17:52 |
| 2 | Ashleigh Williams | Auckland | | 17:56 |
| 3 | Amy Shaw | Auckland | | 18:26 |
| **Men under 18 6km** | | | | |
| 1 | Matt Prest | Canterbury | | 19:26 |
| 2 | Jordan Rackham | Southland | | 19:34 |
| 3 | Goiteom Gebremedihin | Canterbury | | 19:36 |
| **Women under 18 5km** | | | | |
| 1 | Alana Sherman | Auckland | | 18:07 |
| 2 | Hannah English | Otago | | 18:13 |
| 3 | Kaitlin Petherick | Auckland | | 18:48 |
| **M35 10km** | | | | |
| 1 | Brian Garmonsway | Wellington | | 32:54 |
| 2 | Dave Parsons | Wellington | | 33:42 |
| 3 | Corey Mennell | Southland | | 37:22 |
| **M40 10km** | | | | |
| 1 | Simon Mardon | Nelson | | 32:59 |
| 2 | Todd Stevens | Wellington | | 33:01 |
| 3 | Jason Baillie | Canterbury | | 34:44 |
| **M45 10km** | | | | |
| 1 | Richard Bennett | Canterbury | | 32:49 |
| 2 | Robbie Johnston | Auckland | | 33:35 |
| 3 | Grant McLean | Wellington | | 33:58 |
| **M50 10km** | | | | |
| 1 | Ricky Gutsell | Southland | | 34:36 |
| 2 | Richard Seigne | Canterbury | | 34:39 |
| 3 | Paul Hewitson | Wellington | | 35:35 |
| **M55 10km** | | | | |
| 1 | David Macdonald | Canterbury | | 35:32 |
| 2 | Alastair Prangnell | Auckland | | 36:02 |
| 3 | Vaughan New | Wellington | | 36:41 |
| **M60 10km** | | | | |
| 1 | Derek Shaw | Nelson | | 40:06 |
| 2 | John Thomson | Otago | | 40:11 |
| 3 | Iain Chinnery | Christchurch Avon | | 43:36 |
| **M65 10km** | | | | |
| 1 | Trevor Ogilvie | Waikato-Bay of Plenty | | 38:06 |
| 2 | Ewan Fallon | Otago | | 43:05 |
| 3 | Evan McIntosh | Invercargill | | 48:35 |
| **M75 10km** | | | | |
| 1 | Len Wilson | Technical | | 57:25 |
| **M80 10km** | | | | |
| 1 | Stan Gawler | Port Hills | | 1:02:37 |
| **W35 5km** | | | | |
| 1 | Louisa Andrew | Otago | | 17:56 |
| 2 | Katrin Gottschalk | Auckland | | 18:56 |
| 3 | Mel Aitken | Otago | | 19:38 |
| **W40 5km** | | | | |
| 1 | Shireen Crumpton | Otago | | 18:04 |
| 2 | Michelle van Looy | Wellington | | 19:37 |
| **W45 5km** | | | | |
| 1 | Gabrielle O’Rourke | Wellington | | 17:58 |
| 2 | Meghan Stewart | Auckland | | 20:14 |
| 3 | Robyn Perkins | Canterbury | | 20:18 |
| **W50 5km** | | | | |
| 1 | Sally Gibbs | Waikato-Bay of Plenty | | 17:17 |
| 2 | Carolyn Forsey | Canterbury | | 21:40 |
| 3 | Rosemary Heyrick | Southland | | 23:37 |
| **W55 5km** | | | | |
| 1 | Julie Wilson | Otago | | 19:42 |
| 2 | Bernadette Jago | Canterbury | | 20:36 |
| 3 | Debbie Telfer | Southland | | 21:09 |
| **W60 5km** | | | | |
| 1 | Margaret Flanagan | Canterbury | | 22:06 |
| 2 | Christine Munro | Auckland | | 23:01 |
| **W70 5km** | | | | |
| 1 | Myrtle Rough | Hill City | | 24:29 |
| **B14 3km** | | | | |
| 1 | Chris Dryden | Christchurch Avon | | 9:51 |
| 2 | Liam Carson | St Pats Silverstream | | 10:10 |
| 3 | Connor Tristram | Hamilton City Hawks | | 10:12 |
| **B12 2km** | | | | |
| 1 | Oscar Fossey | Phoenix | | 7:06 |
| 2 | George McNaughton | Phoenix | | 7:36 |
| 3 | Lachlan Muhl | St Pauls | | 10:03 |
| **G14 3km** | | | | |
| 1 | Ari Graham | Phoenix | | 10:59 |
| 2 | Michaela Walker | Olympic | | 11:16 |
| 3 | Brooke Varney | Papakura | | 11:52 |
| **G12 2km** | | | | |
| 1 | Mya Graham | Phoenix | | 7:12 |
| 2 | Hester Donders | Phoenix | | 7:13 |
| 3 | Sophie Sinclair | South Otago | | 7:16 |
| **Senior Women 10km Walk** | | | | |
| 1 | Kate Newitt | Canterbury | | 52:27 |
| 2 | Roseanne Robinson | Otago | | 53:37 |
| **Women under 20 5km Walk** | | | | |
| 1 | Courtney Ruske | Canterbury | | 24:23 |
| 2 | Sarah-Amy Rhind | Auckland | | 32:09 |
| **Men under 18 5km Walk** | | | | |
| 1 | Jonathon Lord | Canterbury | | 22:21 |
| 2 | Jared Free | Auckland | | 24:57 |
| 3 | Jamie Shaw | Nelson | | 26:35 |
| **Women under 18 5km Walk** | | | | |
| 1 | Kerri Batin | Canterbury | | 33:26 |
| **Veteran Men 10km Walk** | | | | |
| 1 | Mike Morresey | Taranaki | | 49:29 |
| 2 | Mike Parker | Auckland | | 50:51 |
| **Veteran Women 10km Walk** | | | | |
| 1 | Julie Edmunds | Otago | | 55:26 |
| 2 | Terri Grimmett | Wellington | | 1:03:38 |
| 3 | Katie Morrisey-Tahere | Taranaki | | 1:11:49 |
| **Senior Men Run Team** | | | | |
| 1 | Daniel Balchin  Callan Moody  Oska Inkster-Baynes  Andrew Davidson  Nick Rennie  Dallas Wichman | Canterbury | | 58pts |
| 2 | Malcolm Hicks  Jono Jackson  Alex Parlane  Brent Henley  John Schreuder  Tony Payne | Auckland | | 59pts |
| 3 | Caden Shields  Ben Anderson  Neale McLanachan  Jesse Gibbs  Dave Catherwood  Glen Chisholm | Otago | | 115pts |
| **Senior Women Run Team** | | | | |
| 1 | Georgie Grgec  Lydia O’Donnell  Rachael Kingstone  Charlotte Young | Auckland | | 25pts |
| 2 | Gabrielle O’Rourke  Tina Harris  Nicole Mitchell  Caroline Mellsop | Wellington | | 37pts |
| **Men under 20 Run Team** | | | | |
| 1 | Matthew Batley  Jay Wallwork  Kirk Madgwick  Asher Meltzer | Auckland | | 27pts |
| 2 | Lorenz Kissling  Jonah Smith  Anthony Trainor  Sam Hopper | Otago | | 29pts |
| **Women under 20 Run Team** | | | | |
| 1 | Ashleigh Williams  Amy Shaw  Laura Cowling  Courtney Varney | Auckland | | 20pts |
| **Men under 18 Run Team** | | | | |
| 1 | Matt Prest  Gideom Gebremedihin  Tannock Blair  Jacob Reese-Jones | | Canterbury | 13pts |
| 2 | Oliver Chignell  Aaron Anderson  Benjamin Wardhaugh  Joseph Matthews | | Otago | 50pts |
| **Women under 18 Run Team** | | | | |
| 1 | Hannah Miller  Grace Buckingham  Ffion Muhl  Meg Adamson | Southland | | 33pts |
| **M35 Run Team** | | | | |
| 1 | Brian Garmonsway  Todd Stevens  Dave Parsons  Grant McLean | Wellington | | 19pts |
| 2 | Richard Bennett  Darren Hoolahan  Jason Baillie  Anthony Duncraft | Canterbury | | 33pts |
| 3 | Stewart Paul  Mark O’Donnell  Andrew Lonie  Brent Halley | Otago | | 49pts |
| **M50 Run Team** | | | | |
| 1 | Alastair Prangnell  David Lear  Tony Warren  Mark Trottman | Auckland | | 29pts |
| 2 | Richard Seigne  David McDonald  Charlie Nolan  Richard Merrett | Canterbury | | 33pts |
| 3 | Murray Gray  Peter Clark  Russell Hurring  Gene Sanderson | Otago | | 51pts |
| **W35 Run Team** | | | | |
| 1 | Louisa Andrew  Shireen Crumpton  Mel Aitken  Julie Wilson | Otago | | 21pts |
| 2 | Gabrielle O’Rourke  Michelle van Looy  Mandy Simpson  Teresa Cox | Wellington | | 33pts |
| 3 | Katrin Gottschalk  Meghann Stewart  Carly Graham  Christine Munro | Auckland | | 49pts |

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| **Road Relay Championships** | | | | | | | |
| **Takahe to Akaroa, 5 October 2013** | | | | | | | |
| **Senior Men** | | | | | | | |
| 1 | Daniel Balchin  Hayden McLaren  Mark Bailey  Nick Burrow  Callan Moody  Nicholas Rennie  David Ridley  Oska Inkster-Baynes | | New Brighton Olympic | | 4:07:11 | | |
| 2 | Hamish Carson  Matthew Harris  Hugo Beamish  Daniel Wallis  Ben Ashkettle  Rowan Hooper  Martin van Barneveld  Michael Aish | | Wellington Scottish | | 4:07:29 | | |
| 3 | William Harris  Malcolm Hicks  Liam Scopes  Andrew Haigh  Sam Kidd  Andrew Small  James List  Tony Payne | | Wesley | | 4:18:31 | | |
| **Senior Women** | | | | | | | |
| 1 | Rebecca Forlong  Danielle Ingram-Trevis  Katie Wright  Amy Shaw  Holly van Dalen  Francesca Stafford  Anna Bramley  Lydia O’Donnell | | North Harbour Bays | | | | 4:58:14 |
| 2 | Tracy Croft  Alexandra Williams  Hannah Newbould  Flora Bocherie  Nicki McFadzien  Tania McWilliams  Leah Hirschfeld  Rachel Kingsford | | University of Canterbury | | | | 4:42:00 |
| 3 | Dawn Tuffery  Sarah Biss  Emily Roughan  Katherine Prumm  Mikayla Neilsen  Helen Rountree  Kovo Kowalewski  Camille Buscomb | | Hamilton City Hawks | | | | 5:05:51 |
| **Junior Men** | | | | | | | |
| 1 | Kieron MacDonald  Nathan Tse  Jake Tennent  Oliver Smith  Marcus Karamanolis  Patrick Roche | | Wellington Harriers | | 2:12:37 | | |
| 2 | Kirk Madgwick  Henry Watt  Matthew Baxter  Ben Moynihan  Asher Meltzer  Hayden Rodger | | Auckland City Athletics | | 2:16:02 | | |
| 3 | Matt Prest  Jacob Reese-Jones  Matt Dryden  Cameron Avery  Sean Eustace  Tannock Blair | | Christchurch Avon | | 2:15:17 | | |
| **Junior Women** | | | | | | | |
| 1 | Sophie Rees  Audrey Gregan  Elise Salt  Ashleigh Williams  Maiya Christini  Victoria Watt | | Auckland City Athletics | | | 2:38:12 | |
| 2 | Julia Thwaites  Harriet Bush  Margot Gibson  Elise Sutherland  Natalie Dryden  Anna Reese-Jones | | Christchurch Avon | | | 2:47:26 | |
| 3 | Laura Smith  Mairi Law  Gabby Gray  Pippa Trevella  Annie Vincent  Libby Vincent | | University of Canterbury | | | 2:47:36 | |
| **Masters Men 40** | | | | | | | |
| 1 | John Kennedy  Graeme Taylor  Brian Kemp  Ian Thomas  Simon Mardon  Simon Leaning  Peter Versey  Phil Costley | Nelson | | 4:30:38 | | | |
| 2 | Andrew Wark  Glenn Sexton  Craig Hadley  John Crane  Jason Cameron  Kent Hodgson  Marc Scott  Tony Olsen | Hamilton City Hawks | | 4:33:44 | | | |
| 3 | Jason Baillie  Granantan Boyle  Anthony Duncraft  Chris Mardon  Darren Hoolahan  Shane Grose  Don Greig  Richard Bennett | Papanui Toc H | | 4:34:01 | | | |
| **Masters Men 50** | | | | | | | |
| 1 | Ian Macfarlane  Paul Hewitson  Liam Healey  Gordon Clarke  Vaughan New  Paul Foster  Casey Plunket  Paul Sharp | Wellington Harriers | | 5:04:37 | | | |
| 2 | Tim Cross  Neil Whittaker  Bill Revell  Cliff Bowman  Ian Courtenay  Nick Lovell  Andrew Barker  Patrick Meffan | Nelson | | 5:09:21 | | | |
| 3 | Murray Gray  John Thomson  Gene Sanderson  Dave Cross  Stephen Bloomfield  Ray Knox  Peter Clark  Andrew Town | Otago | | 5:14:17 | | | |
| **Masters Men 60** | | | | | | | |
| 1 | Ian Morrison  Derek Shaw  Mike Morrissey  Barry Dewar  Ian Carter  Herman van Gessel | Nelson | | 2:42:01 | | | |
| 2 | John Skinnon  Jonathon Harper  Graham Lear  Richard Brent  Bernie Portenski  Rupert Watson | Wellington Scottish | | 2:45:58 | | | |
| 3 | Bill Stevens  Laurie O’Neill  Tony McManus  Greg Harney  Bruce Woods  Tony Good | New Brighton Olympic | | 2:53:43 | | | |
| **Masters Women (35+)** | | | | | | | |
| 1 | Helen Anderson  Jackie Mexted  Tricia Sloan  Mandy Simpson  Sally Anderson  Melissa Moon  Anne Hare  Angela Leck | Wellington Scottish | | 5:21:55 | | | |
| 2 | Kristen Milne  Maureen Leonard  Helen Hall-King  Karen McCready  Trish Stockman  Jenni Hoogeveen  Ellie Broadbridge  Vicki Reese-Jones | Hamilton City Hawks | | 5:38:00 | | | |
| 3 | Joy Scarlett  Mel Aitken  Dalise Sanderson  Carol Chettleburgh  Julie Wilson  Sue Cuthbert  Jude Patterson  Louisa Andrew | Otago | | 5:44:16 | | | |

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| **Long Distance Walk Championships** | | | |
| **Devonport, 11 November 2013** | | | |
| **Senior Men 50km** | | | |
|  | *No finishers* |  |  |
| **Senior Women 20m** | | | |
| 1 | Kate Newitt | Port Hills | 1:57:58 |
| 2 | Sue Hoskin | Manawatu | 2:22:04 |
| **Men under 20 20km** | | | |
|  | *No entries* |  |  |
| **Women under 20 10km** | | | |
| 1 | Tayla Paige Billington | Australia (Visitor) | 50:41 |
| 2 | Courtney Ruske | Christchurch Avon | 56:17 |
| **Men under 18 10km** | | | |
| 1 | Nathan Brill | Australia (Visitor) | 43:58 |
| 2 | Jonathon Lord | South Canterbury | 51:59 |
| 3 | Kyle Bird | Australia (Visitor) | 54:52 |
| 4 | Jared Free | Waitakere City | 55:06 |
| **Women under 18 10km** | | | |
|  | *No entries* |  |  |